



2010 Team Aquatic Supplies Alberta Age Group Trials Short Course
Millennium Place
2000 Premier Way, Sherwood Park
February 26-28, 2010

Position	Name	Phone	E-mail
Host Club	Silver Tide Swim Club		
Meet Manager	Sheldon Weatherby	(780) 467-5722	scweatherby@shaw.ca
	Joe Kozell	(780) 467-0533	jkozell@shaw.ca
Entries Chair	Dale Kurta	(780) 464-4559	dkurta@telus.net
Advisory Referee	Jerry Hockin	(780) 423-8500	jhockin@parlee.com
Officials Chair	Patty Gau	(780) 416-4686	Patty.gau@shaw.ca
Swim Alberta*	Kevin Dennis	(780) 415-1785	kevin@swimalberta.ca

***Swim Alberta Contact:**

- For questions or clarification regarding the technical content of the meet package.

Sanction & Rules:

- This meet is sanctioned by Swim Alberta, abiding by the rules and regulations of SNC and FINA, contained in the SNC rule book and the policies and procedures of Swim Alberta plus the rules as stipulated in this meet package.

Categories:

- Male and Female; 10 & Under; 11 & 12; 12 & Under; 13 & 14

Qualifying Standard/Period:

- The qualifying period is April 1, 2009 to the entry deadline.
- Swimmers must achieve their distinct age Meet Qualifying Time (MQT) for the 400 freestyle or 200 IM, within the qualifying period, either short course or long course.
- Swimmers who achieve any distinct age Swim Alberta A time standard, short course or long course, prior to the first day of competition are de-qualified from the meet.
- Swim Alberta time standards are available from www.swimalberta.ca.

Eligibility:

- The 2009 Team Aquatic Supplies Alberta Age Group Trials is a closed competition, restricted to those swimmers currently registered with Swim Alberta.

Selection Criteria for participation at the 2010 Speedo Age Group Provincial championships:

- Swimmers winning an individual event at the 2010 Team Aquatic Supplies Alberta Age Group Trials may enter the 2010 Speedo Alberta Age Group Provincials, regardless of whether they meet the 'A' standard in that event.



2010 Team Aquatic Supplies Alberta Age Group Trials Short Course

Entry Deadline:

- The entry deadline will be fourteen (14) days prior to the first day of competition (February 12, 2010 before midnight).
- Swimmers qualifying for their first event after the entry deadline can enter the competition at the regular entry fee; These entries must be received before midnight on Monday February 22, 2010.
- Late entries of pre-qualified swimmers will be permitted at double the published entry fee, only when an extra preliminary heat is not created. These entries will be exhibition and seeded as No Time (NT).

Entries:

- Entries must be made using Hy-Tek online at swimming.ca.
- Swimmers may swim a maximum of seven (7) individual events once they have met one of the MQT's.
- Entry times must be in Short Course metres. Long Course times may be converted by subtracting 2%. No-Time entries will not be accepted.
- When an "A" qualifier's birthday falls between the Team Aquatic Supplies Age Group Trials and the Speedo Age Group Championships, making them ineligible to compete in either meet, the swimmer may be entered in Team Aquatic Supplies Alberta Age Group Trials in the higher age group category. This can only occur if: the swimmer has achieved the meet qualifying time for the higher age group, and the swimmer has not achieved an "A" Time Standard for the higher age group category.
- Any club submitting entries for non-qualified or de-qualified athletes will be subject to a \$100.00 fine payable to Swim Alberta.

Proof of Times:

- Meet management will post or distribute Psych Sheets for all timed final events, including relays, by 8:00 a.m. Monday February 22, 2010. A Coach/Club may challenge the submitted entry times by emailing the meet manager. Coaches/Clubs challenging an entry will be required to submit \$50.00 to Swim Alberta. Should the challenge be false the \$50.00 will be retained, if the challenge is found to be valid the fee will be returned.
- Challenges to entry times will be accepted up to 48 hours prior to the start of the first session. The Meet Manager will contact the club that is being challenged and request a proof-of-time be submitted within 24 hours from the time of notification.
- Any club unable to prove the submitted entry time will be subject to a \$50.00 penalty payable to Swim Alberta. If an alternate proof of time is submitted the entry may be reseeded. If no proof is available, individual events will be removed and relays will be seeded as No-Time.
- Individual results for proof-of-time must be available on swimming.ca.

Entry Fees:

- Entry fees must be paid prior to the start of the competition.
- An entry fee report will be sent after the entry deadline.
- Cheques for entry are payable to the Silver Tide Swim Club.
- Entry fees are \$8.00 per individual, \$10.00 per relay entry and include the Olympic Bonus.
- Entry fees are refundable prior to the entry deadline (February 12, 2010 before midnight).

2010 Team Aquatic Supplies Alberta Age Group Trials Short Course

Seeding & Scratches:

- Once entered in an event, a swimmer who is not an alternate for that event may withdraw or “scratch” from that event without penalty as follows:

Heats: The scratch deadline shall be the start of the final session of the previous day, or before 3:00pm prior to the first day of the meet (Thursday February 25, 2010).

Time-Finals: The scratch deadline without penalty, including relays, shall be the start of the last session of the previous day or before 3:00pm prior to the first day of the meet (Thursday February 25, 2010) with the exception of the 800 & 1500 freestyle events, which require positive check-in.

Finals: The scratch deadline without penalty shall be 30 minutes after the conclusion of preliminary heats preceding the finals that day.

- Failure to scratch from a final or time-final constitutes a late scratch, and shall result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day.

Format:

- The meet will be conducted in a 10-lane 25m pool. A 4-lane 20m warm-up / cool-down pool will be available during the sessions.
- Event age groups will be 10 & under, 11-12 and 13-14 except for the 200 fly, 400 IM, 800 & 1500 freestyle which will be 12 & under and 13-14.
- All preliminaries will swim regardless of number of entries.
- There will be A finals for every event with the exception of the 800 & 1500 freestyle, which are time final events in the preliminary session.
- The 800 & 1500 freestyle will be senior seeded, fastest to slowest, alternating gender, and may be swum two swimmers per lane, except for the fastest Olympic eligible heat, which will swim 1 per lane. If there are two swimmers per lane swimmers may be asked to wear a coloured cap.
- Positive check-in is required for the 800 & 1500 freestyle prior to the start of the session in which the event will be swum.
- Preliminary events may be senior seeded by gender and separated for finals as listed per the event age groups.

Relays:

- See SNC 2.3
- Relay events are time-finals.
- Individual names for relays must be submitted 30 minutes prior to the start of the session.
- The deadline for name changes will be 30 minutes prior to the start of the relay event.
- Relay teams must include a minimum of two qualified swimmers for each event age group.

Scoring & Awards:

- There will be no scoring at this competition.
- Individual Events - medals will be awarded to the top three finishers in all individual events, 10&U, 11&12, 12&U, 13&14 age categories. Note the 12 & under age group will only be for the 200 fly, 400 IM, 800 & 1500 freestyle events. Ribbons will be awarded to the remaining Top 10 finishers.
- Relay events - medals will be awarded to the first place team in all relay events. Ribbons will be presented to the second and third place teams.
- Discrete age winners will receive a 2010 Team Aquatic Supplies Age Group Trials Winner Certificate.

2010 Team Aquatic Supplies Alberta Age Group Trials Short Course

ACC Professional Development:

- This session will include Swim Alberta information, question period, and an educational component. The Congress will be held immediately following the session on Saturday.

Time Trials:

- Swim Alberta and Meet Management must both approve a time trial, which will only be held in exceptional circumstances.

Swim Alberta Host Hotel:

Coast Edmonton East Hotel

(Formerly Best Western, on site at pool)

2100 Premier Way

Sherwood Park, AB, T8H 2G4

Tel: 780-464-4900

Fax: 780-464-4796

Toll Free: 800-716-6199



Event Order:

Friday Feb. 26	Saturday Feb. 27	Sunday Feb. 28
Prelim Warm-up: 1:00 pm Prelim Start: 2:00 pm	Prelim Warm-up: 7:00 am Prelim Start: 8:00 am	Prelim Warm-up: 7:00 am Prelim Start: 8:00 am
200 IM	100 Breast	200 Free
400 Free (Time-Final, 10 & Under only)	50 Back	50 Breast
400 Free (11-14 years)	200 Fly	100 Fly
4x50 Free (Time-Final)	100 Free	400 IM
	200 Back	50 Free
	50 Fly	200 Breast
	800 Free (Time-Final)	100 Back
		100 IM
		1500 Free (Time-Final)
	Finals Warm-up: 4:00 pm Finals Start: 5:00 pm	Finals Warm-up: 4:00 pm Finals Start: 5:00 pm
	200 IM	200 Free
	400 Free (11-14 years)	50 Breast
	100 Breast	100 Fly
	50 Back	400 IM
	200 Fly	50 Free
	100 Free	200 Breast
	200 Back	100 Back
	50 Fly	100 IM
		4x50 Medley (Time-Final)