

2008-2010 ALBERTA "A" TIME STANDARDS

BOYS

EVENT		10 & U	11	12	13	14	15-16	Senior
50 Free	SC	35.30	32.50	30.90	29.10	27.90	26.50	25.20
	LC	36.00	33.20	31.50	29.70	28.50	27.00	25.70
100 Free	SC	1:20.10	1:13.40	1:09.50	1:04.40	1:01.00	57.80	54.80
	LC	1:21.70	1:14.90	1:10.90	1:05.70	1:02.20	59.00	55.90
200 Free	SC	2:51.20	2:38.00	2:30.30	2:20.10	2:13.30	2:06.60	2:01.70
	LC	2:54.60	2:41.20	2:33.30	2:22.90	2:16.00	2:09.10	2:04.10
400 Free	SC	6:14.00	5:39.60	5:19.20	5:01.20	4:47.10	4:30.10	4:20.60
	LC	6:21.50	5:46.40	5:25.60	5:07.20	4:52.80	4:35.50	4:25.80
800 Free	SC		11:52.40	11:06.40	10:23.60	9:55.10	9:18.70	9:10.80
	LC		12:06.70	11:19.70	10:36.10	10:07.00	9:29.90	9:21.80
1500 Free	SC		22:51.50	21:42.00	20:23.10	19:21.70	18:19.00	18:08.10
	LC		23:18.90	22:08.00	20:47.50	19:45.00	18:41.00	18:29.90
50 Back	SC	41.80	38.10	36.50	34.30	32.60	30.80	29.50
	LC	42.70	38.90	37.20	34.90	33.20	31.50	30.10
100 Back	SC	1:32.50	1:24.50	1:19.80	1:14.20	1:10.40	1:06.20	1:04.50
	LC	1:34.40	1:26.20	1:21.40	1:15.70	1:11.80	1:07.50	1:05.80
200 Back	SC	3:16.50	2:59.70	2:49.90	2:39.20	2:32.00	2:23.80	2:21.30
	LC	3:20.40	3:03.30	2:53.30	2:42.40	2:35.00	2:26.60	2:24.10
50 Breast	SC	47.50	43.30	40.90	38.00	36.00	34.30	32.30
	LC	48.40	44.20	41.70	38.80	36.70	35.00	33.00
100 Breast	SC	1:46.40	1:36.30	1:30.30	1:25.10	1:21.00	1:16.10	1:12.70
	LC	1:48.50	1:38.20	1:32.10	1:26.80	1:22.60	1:17.60	1:14.20
200 Breast	SC	3:46.00	3:25.60	3:13.60	3:03.60	2:55.60	2:46.00	2:42.40
	LC	3:50.50	3:29.70	3:17.50	3:07.20	2:59.10	2:49.30	2:45.50
50 Fly	SC	41.30	37.20	34.80	32.30	30.70	28.80	27.00
	LC	42.20	38.00	35.50	33.00	31.30	29.40	27.60
100 Fly	SC	1:45.40	1:30.50	1:21.30	1:15.70	1:11.30	1:05.00	1:01.50
	LC	1:47.50	1:32.30	1:22.90	1:17.20	1:12.70	1:06.30	1:02.70
200 Fly	SC	3:38.40	3:19.70	3:08.70	2:55.60	2:45.50	2:30.80	2:27.80
	LC	3:42.70	3:23.70	3:12.50	2:59.10	2:48.80	2:33.80	2:30.80
200 IM	SC	3:14.30	2:59.20	2:50.40	2:40.50	2:32.90	2:23.80	2:19.10
	LC	3:18.20	3:02.80	2:53.80	2:43.70	2:35.90	2:26.60	2:21.90
400 IM	SC		6:29.10	6:08.60	5:46.10	5:28.60	5:09.00	5:02.80
	LC		6:36.90	6:16.00	5:53.00	5:35.20	5:15.20	5:08.90